

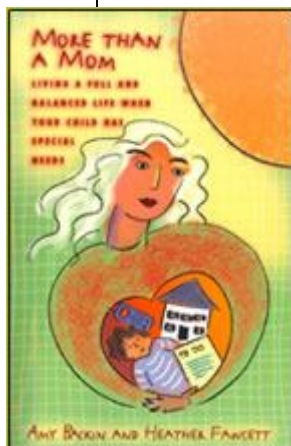
NPCC is pleased to welcome back Amy Baskin to present a WORKSHOP FOR PARENTS

## JUST IN TIME

# Easy Time Management Tips for Parents of Children with Special Needs

A Workshop for Families by Amy Baskin

What's on your to-do list? Meet with school, write an advocacy letter, visit the doctor, arrange therapies? And what about dinner, laundry, your work and time for you and your family? How can you do it all, when you simply have too much to do? Learn about time management tips especially for parents of children with special needs.



**Saturday, November 21, 2009 from 1:00 – 4:00 p.m.**  
Niagara Peninsula Children's Centre  
567 Glenridge Avenue, St. Catharines

Workshop Fee: \$10 per person (\$15.00 per family)  
(CASH please - payable at the door)

Amy is the co-author of the award winning book...  
***More Than a Mom—Living a Full and Balanced Life When  
Your Child Has Special Needs*** (Woodbine House).

### **ABOUT THE PRESENTER:**

Amy Baskin, M.Ed. is a freelance writer, educator, and professional speaker. She is the co-author of the award winning book ***More Than a Mom—Living a Full and Balanced Life When Your Child Has Special Needs*** (Woodbine House).

A popular media guest, she has appeared on shows including Gill Deacon (CBC TV) and CBC radio.

Amy writes about parenting and disability issues for magazines including Today's Parent, More and Canadian Family. She is the mother of two teenage daughters; her youngest has autism. Visit her website at [www.amybaskin.com](http://www.amybaskin.com).

Read her special needs parenting blog at [www.todaysparent.com](http://www.todaysparent.com) or on the website [www.morethanamom.net](http://www.morethanamom.net).



### ***To confirm attendance:***

Please contact Deb Reimer at 905-688-1890 Ext. 122 or [deb.reimer@npcc.on.ca](mailto:deb.reimer@npcc.on.ca)  
Leave your name and a number where you can be reached, and indicate that you are confirming for the Amy Baskin workshop.