

Looking for a splashing good time this

MARCH BREAK

LOOK what is going on at the



Monday March 15/2010

Open/Family Swim
9:00-10:30

Parent/Tot Swim
10:45-11:30

Open/Family Swim
1:00-3:00

AQUA FIT
(min of 5 participants)
3:15-3:45



POOL

Tuesday March 16/2010

Open/Family Swim
9:30-10:45

Therapy
11:00-11:45

Open/Family Swim
12:45-2:15

Therapy
2:30-3:15

Open/Family Swim
3:30-5:00

Thursday March 18/2010

Open/Family Swim
9:00-10:30

Parent/Tot Swim
10:45-11:30

Open/Family Swim
12:45-2:15

Therapy
2:30-3:15

Open/Family Swim
3:30-5:00



Wednesday March 17/2010

Open/Family Swim
9:00-10:30

Parent/Tot Swim
10:45-11:30

Open/Family Swim
1:30-3:00

AQUA FIT
(min of 5 participants)
3:15-3:45



**Please note: NO swim on
FRIDAY March 19th
Centre is Closed.**



If interested in any of the above swims please register with **Brenna** at the pool @ 905-688-3550 ext 148

Parent and Tot = any client of NPCC 2 years or under accompanied by a parent/caregiver.

Open/Family = any clients of the NPCC school/centre and children in the community with special needs and their families/caregivers.

NOTE: all participants must be accompanied by an adult.

